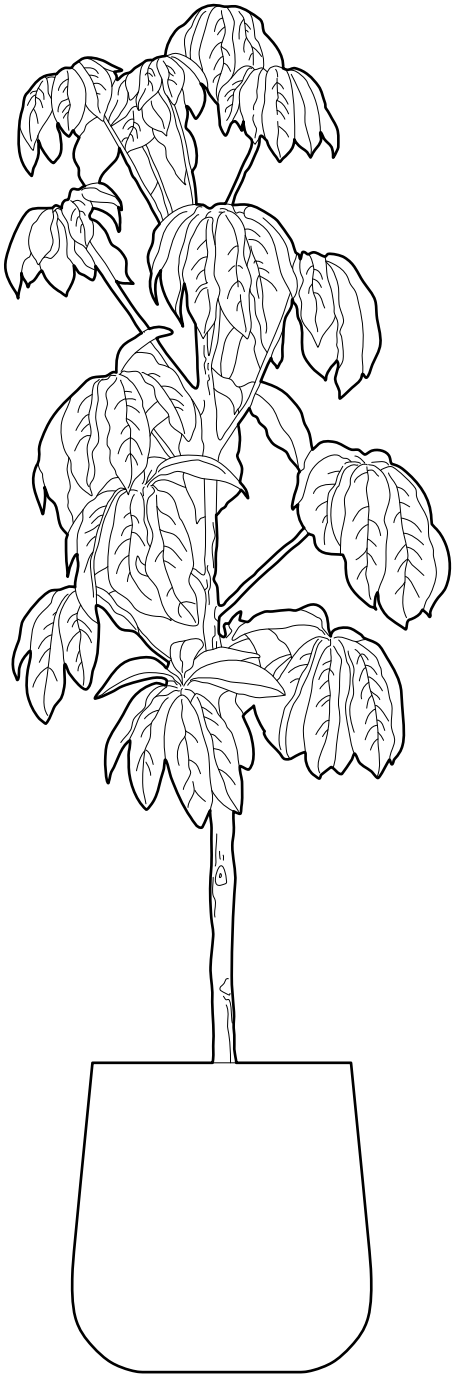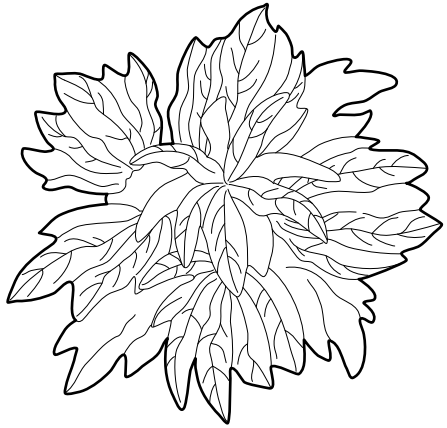180 cm