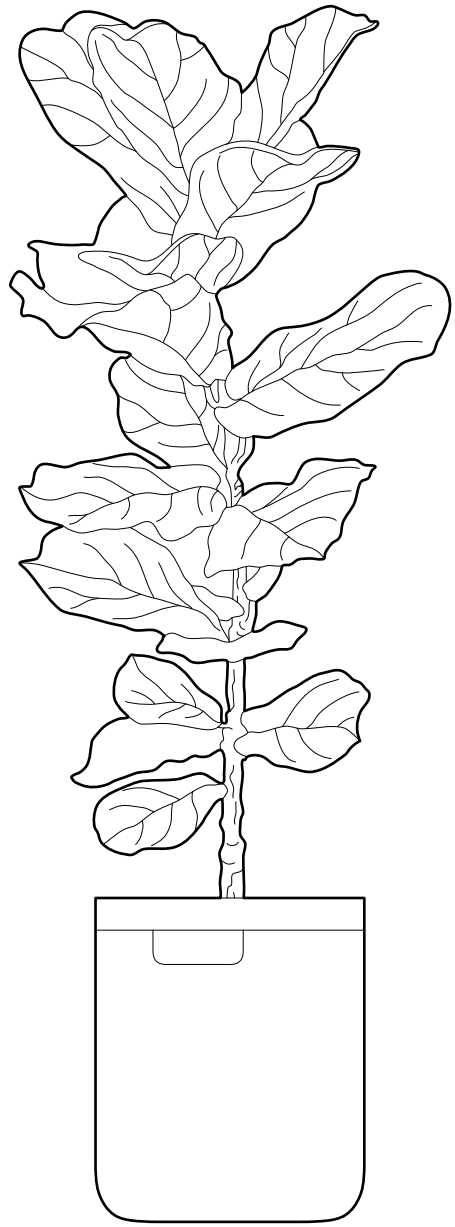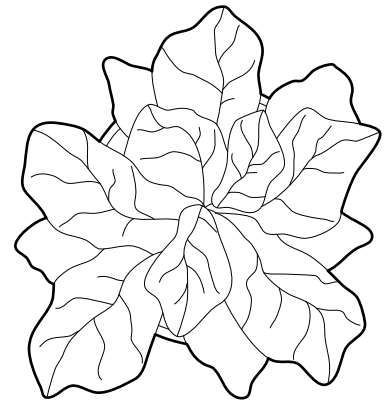160 cm